

# CANARIAS – AZORES

## MILE BUILDING

### WHAT TO EXPECT FROM THE COURSE

Living an ocean adventure.

Mile building gaining experience is essential for any ocean training. Our sailboat, La Peregrina has crossed the Atlantic more than 40 times, all its crew members agree about how safe they felt during the trip.

### EXPERT ASSESTMENT

Once on the boat, you will receive expert guidance from the crew, skippers and RYA-qualified instructors, from navigation, safety, passage planning, life on board, etc. We will move from theory to practice.

### GUARD SYSTEM

On the way we will use the usual surveillance system on board: the watches. You will learn how they are organized, dangers and precautions at night and finally how to become watch leader.

### METEOROLOGY

There are many miles to cover, you will do daily weather analysis using satellite communications, grib files and direct observation.

### MILE BUILDING FOR RYA YACHTMASTER

As you progress through the RYA training scheme, you will need to accumulate miles for Yachtmaster courses.

On each of the crossings you will accumulate miles in tidal waters.

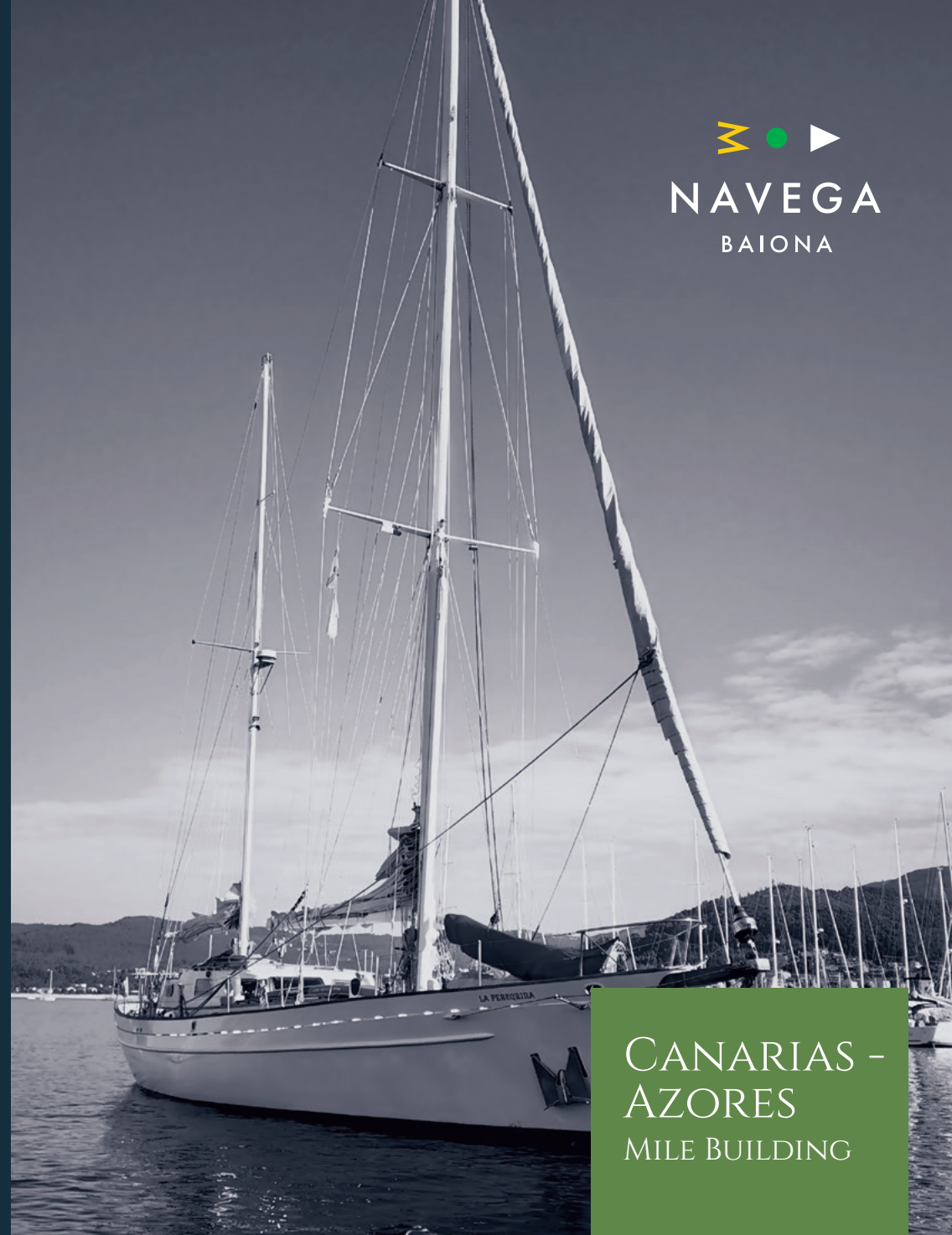
### COURSES ONBOARD

On board you can take the following courses:

- RYA Competent Crew
- RYA Watch Leader
- Essential Navigation & Seaman ship
- Astronomical navigation

*Consult once you make reservation.*

  
**NAVEGA**  
BAIONA



CANARIAS –  
AZORES  
MILE BUILDING

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## MILE BUILDING

APRIL 24<sup>TH</sup> - MAY 3<sup>RD</sup> 2025

**TYPE OF NAVIGATION** / Oceanic

**INSTRUCTORS** / 2

**STUDENTS-PASSANGERS ON BOARD** /  
8 (maximum)

**SAIL BOAT** / Frers 72

**MILES** / 750 Nm

**TERM** / 10 days

**AGE** / 18-75 years

**SAILING AREA** / North Atlantic

**ADVENTURE RATIO** / Medium

**REQUEST EXPERIENCE** / Previous  
coastal and night navigation advised

**PRICE** 2.299 €

**PASSENGER FIRST LOOP OFFERT** / 1.899 €

**INCLUDED** /

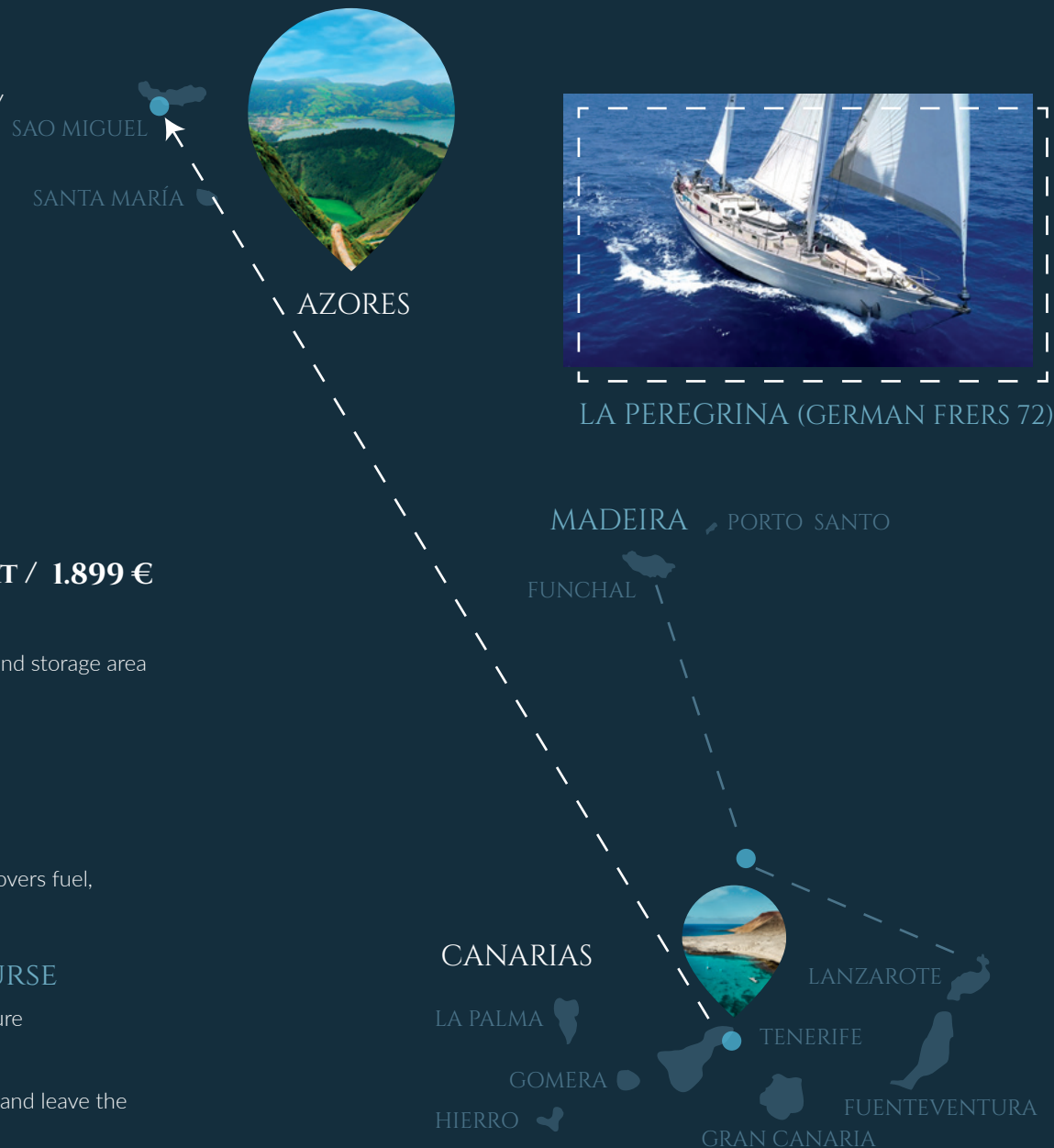
- Accommodation on board, your own bunk and storage area
- Skipper and first mate
- Pre-departure training

**NOT INCLUDED** /

- Transfer to port of departure/return
- Food and drinks on land
- Box on board. €35/day per person, which covers fuel, docking and full board

## START AND END OF THE COURSE

- Embarkation at 10:00 on the day of departure
- Disembarkation at 15:00 on the last day
- Clients can arrive the day before departure and leave the day after arrival



LA PEREGRINA (GERMAN FRERS 72)

## HIGHLIGHTS

### MILE BUILDING /

Rack up the miles quickly, experience passages of over 60nm under the expert guidance of our instructors.

### PRACTICAL TRAINING /

Improve your leadership, navigation and route planning skills.

### NIGHT NAVIGATION AND WATCHES /

Build and improve your confidence in nighttime navigation.

## NAVIGATION SUMMARY

- Long sailing days.
- Night navigation & guard system.
- Primary objective to sail miles in the open sea and gain experience.

## PASSAGE PLANNING

Mile Building sailing trips have a specific objective each day: to go from point A to point B, so every day on board you have to study the weather report and plot the most efficient route. You will learn to plan and execute route plans.

### EXTRAS /

**Courses:** Competent crew certificate, Watch Leader, Astronomical navigation, Essential navigation & Seamanship